



## PCNC COACHING AND UMPIRE CLINIC

### 18th to 21st January 2024

### PROGRAM

**Facilitator**

**Ms. Richanda-Leigh Kassman**

#### Umpire Clinic

| Date       | Time            | Location   | Session                           | Purpose  |
|------------|-----------------|------------|-----------------------------------|--|
| Day 1-18th | 5pm to 7pm      | SJG Indoor | Introduction and Update New Rules | Coaching Fundamentals, why and how                 |
| Day 2-19th | 9pm to 10.00am  | Rita flynn | Workshop/Discussions              | Teach Umpires where to position at different times |
|            | 11.00 to 2.30pm | Rita flynn | Field Mechanics                   | What was learnt                                    |
|            | 3.00pm          | Rita flynn | Test                              | Preparation for Online Course                      |

#### Coaching Clinic

|            |             |            |                                      |  |
|------------|-------------|------------|--------------------------------------|--|
| Day 3-20th | 12pm to 1pm | SJG Indoor | Introduction to basic Coaching       |  |
|            | 5pm to 7pm  | SJG Indoor | Skills Training - Shooting/Attacking |  |
| Day 4-21th | 12pm to 1pm | SJG Indoor | Skills Coaching-Defending            |  |
|            | 5pm to 7pm  | SJG Indoor | Review for Umpires and Coaching      |  |

*SJG Indoor*

*Chairman's Lounge*